



SAFE RETURN TO TRAINING

KEY PROTOCOLS & PROCEDURES

Knockharley Cricket Club

WELCOME BACK TO TRAINING

CLUB SAFETY OFFICER & COVID OFFICERS



The Club will provide you with a high-vis vest and a pair of gloves.

Wear them whenever you are on duty!

As Covid-19 Safety Officer, you may be assigned several (or all) duties in the following categories:

1. Check-in and check-out

You will be given a checklist of people expected to attend training. Make sure that all the names and details are correct and that no other players come to training. If 'unscheduled' guests arrive, please ask them to leave. It is not your job to check whether people are paid up members, registered with CL and have filled in a self-assessment form. You can cross out names of people who did not show up! Do spot checks of verbal screening; ask them if they still feel well, haven't travelled outside the island of Ireland, that they have not recently got into touch with anybody suspected or confirmed of having Covid-19.

2. Parking

You will check to see if members come in their own car (no car-sharing or lifts allowed). A reminder of this rule may be necessary. You must ensure members park in the designated parking area for cricket and that they leave ample space between cars. You may have to point out the walkway and remind members to keep 2 meters distance when walking in. Make sure that all underage players are accompanied by an adult and remind the adult to go to the Quarantine Area (at the back of the Clubhouse) and to stay around during training sessions.

3. Cleaning & sanitizing

It is our duty to make sure that all cleaning and sanitizing equipment and products are available to coaches and members. These may include: a bucket of disinfectant solution, a biohazard bin bag, hand gel at hand sanitation points as directed by coach Emmett Craik.

You have a supervising role to ensure that coaches wipe down and sanitize coaching equipment between sessions. You will ensure members clean and sanitize stumps and other equipment used outside of regular training. You will clean and sanitize equipment as directed by Rajesh Adi. You must ensure everyone leaving the premises sanitizes their hands before they leave.

4. Social distancing

You will supervise everyone on the cricket grounds regarding social distancing. You can let a coach know if an exercise does not allow for it or the intended social distancing is not adhered to. You can ask parents to keep more distance if necessary.

You have the right to ask people to leave if they do not comply with the social distancing rules.

Make sure all members (and parents/guardians) leave safely (socially distant, not in a big group) immediately after training and do not stay around for a chat.

5. Other

You have an important role in providing information about any of the Safety measures to anyone who requests

You can help us remain compliant by checking the state of the signage, giving members and Coache's directions and informing the committee of anything that is lacking, going wrong or simply not working.

You have the right to refuse entry to the cricket grounds to anyone who is not listed as a Paid Member

You have the right to ask anyone to leave if they, or their child(ren) do not follow the distancing or the hygiene guidelines, even after a warning.

Apart from the above-mentioned measures, the following guidelines apply to the volunteers as well:

HYGIENE MEASURES

Use your toilet at home

(Clubhouse toilets only available in emergency situations – facemask compulsory if you use them)

Bring your own water bottle, food, towel

Bring your own hand gel and face mask

Wash and sanitize your hands before you come to the club

Come to the club in your training gear

Bring your own coaching equipment if possible

Bring your own helmet, bat, gloves, pads

YOUTH: If you do not have your own gear or ball: the club will allow you to borrow necessary gear until the end of this phase

Keep your bag away from other coaches' and players' bags

No saliva or sweat may be applied to a ball.

Avoid touching your face

Batters are not allowed to handle any ball – kicking the ball back is fine

All gear used by coaches will be sanitized prior to training

All gear used by coaches will be sanitized after each session

If using the bowling machine:

- Operator must wear latex or nitrile glove
- Cricket Balls to be disinfected between uses (bucket of disinfectant supplied)
- Machine to be wiped down between uses

Wipe down your ball/gear at the end of training using wipes provided

Wash and sanitize your hands on your way out

The club will have sanitizing equipment (buckets with diluted disinfectant, wipes) and hand gel at training sessions.

There are no bins provided: please bring your own rubbish home with you.

SOCIAL DISTANCING MEASURES:

There is a minimum of 15 minutes between training sessions and between bookings.

Come to the club in your own car – only family groups are permitted to share a car

Park in cricket designated area only

Park at a good distance from other cars if possible

Do not arrive until 5 minutes before training

YOUTH: stay in your car until the Covid Officer comes to get you

YOUTH: one parent/guardian must always accompany players under 16

YOUTH: separate quarantine area for parents

YOUTH: A first aid tent will be available at training times

Enter cricket grounds using the walkway side of the clubhouse

1:1 training in designated zones

The designated zones will be spread across the club facilities to minimize the risk

2-meter social distancing always

Set up separate areas for players and for the coach.

Coach is allowed in the net during a 1:1 session, but only to the side (not in the umpire's position) and at 2 meters distance

Leave immediately after training gear has been sanitized.

If rain affects training, please shelter in your own car (no access to the clubhouse and no congregating in one car).

TRACK & TRACE MEASURES:

Complete the Covid self-assessment form – and inform the Covid Officer if anything changes

Ensure the Club has the correct details for you (name, mobile number, email address)

Sign in with the Covid Officer on arrival

If you want to use the club grounds (net or the middle) at any other time, use the Timify booking system.

CHECKLIST BEFORE AND DURING TRAINING: MAKE SURE YOU

- Have paid your membership
- Have registered with Cricket Leinster (for anybody aged 15 up)
- Have read the protocols
- Have completed the self-assessment form
- Have informed the Covid Officer if anything has changed
- Booked the session/informed your captain that you'll attend training
- Clean and sanitize your own gear and ball and bring it with you
- Use your toilet at home (Clubhouse toilets only available in emergency situations – facemask compulsory if you use them)
- Wash and sanitize your hands before coming to the club
- Come in your own car
- Park in the designated cricket parking area, at a safe distance from other cars
- Follow the designated route to the cricket grounds
- Check in with the Covid Officer
- Always keep 2 meters distance from other players and coaches
- Use only your own water bottle, food, towel
- Use only your own gear and ball (s)
- Keep your bag separate from other players' bags
- Follow the coaches' guidelines
- When bowling: don't apply sweat or saliva to the ball
- When batting: do not pick up any balls – kick or hit them back
- Follow the cough/sneeze protocol
- At the end of the session, wipe down your own gear and ball with wipes.
- **At the end of the training session leave immediately – do not stay to chat!**

